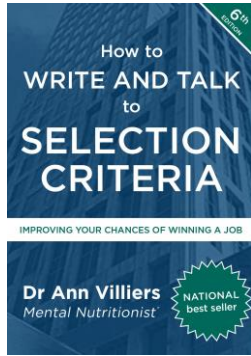


# Mental Nutrition®

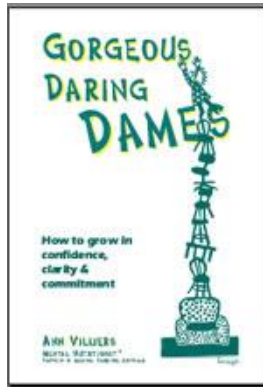
Thinking flexibly. Speaking confidently.

## Career resources available from *Mental Nutrition®*

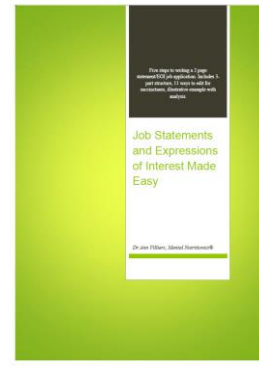
[No GST]



Ebook: \$25.00



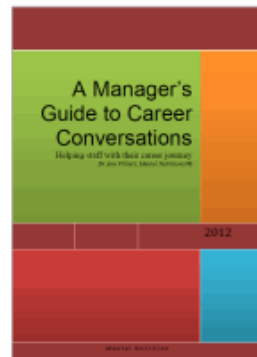
Book: \$20.00



Ebook: \$22.00



MP3: \$35.00



Ebook: \$22.00



Ebook: \$22.00



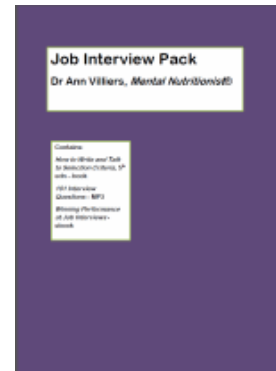
Ebook: \$22.00



MP3: \$35.00



Multi-Media: \$96.00  
+ \$10.00 p&h



Multi-Media: \$63.00